



East Coast Bays AFC - Health and Safety Policy

Introduction

East Coast Bays AFC is committed to providing a safe and healthy environment for all players, coaches, staff, and visitors. This policy outlines our commitment to health and safety and provides guidelines for ensuring the well-being of everyone involved with the club.

Objectives

- To prevent accidents, injuries, and illnesses by identifying and mitigating health and safety risks.
- To comply with all relevant health and safety legislation and standards.
- To promote a culture of safety and awareness within the club.

Responsibilities

Club Management/Board

- Ensure compliance with health and safety legislation.
- Provide adequate resources for implementing health and safety measures.
- Regularly review and update the health and safety policy and procedures.
- Ensure all staff and volunteers are trained in health and safety practices.

Safety Officer

- Conduct regular safety audits and risk assessments.
- Investigate accidents and incidents to prevent reoccurrence.
- Maintain records of all health and safety incidents.
- Provide training and information to all club members on health and safety matters.
- Ensure that first aid supplies and emergency equipment are available and accessible.

Coaches and Staff

- Follow all health and safety procedures and practices.
- Ensure the safety of players during training and matches.
- Report any hazards or incidents to the Safety Officer.
- Participate in health and safety training sessions.

Players

- Follow all health and safety instructions given by coaches and staff.
- Wear appropriate protective gear during training and matches.
- Report any injuries or hazards to the coach or Safety Officer.
- Maintain personal health and fitness.



Visitors and Spectators

- Adhere to safety instructions and signage around the club premises.
- Report any hazards or incidents to club staff.
- Supervise children and ensure their safety at all times.

Risk Assessment

- Conduct regular risk assessments of the playing field, training areas, equipment, and facilities.
- Identify potential hazards and implement control measures to mitigate risks.
- Review risk assessments annually or after any significant changes to club activities or facilities.

First Aid and Emergency Procedures

- Maintain well-stocked first aid kits at strategic locations around the club.
- Ensure that a qualified first aid officer is present during training sessions and matches.
- Display emergency contact numbers and procedures prominently around the club.
- Conduct regular fire drills and ensure all members are familiar with evacuation procedures.
- Designate an assembly point for emergencies and ensure it is well-marked and known to all members.

Equipment Safety

- Regularly inspect and maintain all equipment to ensure it is safe and in good working order.
- Remove and repair or replace any damaged or faulty equipment immediately.
- Ensure that equipment is stored safely and securely when not in use.

Facility Safety

- Maintain the playing field, changing rooms, and other facilities in a clean and safe condition.
- Ensure adequate lighting in all areas, particularly during evening activities.
- Provide clear signage for exits, hazards, and emergency equipment.
- Ensure that car parks and access routes are safe and well-maintained.



Health and Hygiene

- Provide clean and accessible restrooms and changing facilities.
- Promote good hygiene practices, including handwashing and sanitizing.
- Ensure the availability of clean drinking water for all members.
- Implement measures to prevent the spread of illnesses, including COVID-19 protocols if necessary.

Communication and Training

- Communicate health and safety policies and procedures to all members.
- Provide regular health and safety training for coaches, staff, and volunteers.
- Encourage open communication about health and safety concerns and suggestions.

Review and Monitoring

- Regularly review and update the health and safety policy and procedures.
- Monitor compliance with health and safety practices through audits and inspections.
- Act on feedback and recommendations to improve health and safety standards.

Conclusion

East Coast Bays AFC is dedicated to maintaining a safe and healthy environment for all. By working together and adhering to this Health and Safety Policy, we can ensure the well-being of everyone involved with our club. For any health and safety concerns or suggestions, please contact the Safety Officer or club management.

Safety Officer Contact Information

- **Name:**
- **Phone Number:**
- **Email Address:**